



Catch Up Statement for Physical Education

5th January 2022

In PE at The Mead Academy Trust, we wanted to do everything we could to support pupils to be physically active when they all returned to the school site in March 2021. To achieve this, we adapted our curriculum by focusing on 'Fitness and Fun' for a term. This allowed us to re-engage children in physical activity and achieve their 30 active daily minutes.

Returning in September 2021, we restructured the curriculum to ensure that all skills are covered progressively. Staff delivering P.E. have assessed children against these skills and knowledge so they could give bespoke feedback to improve each pupils' participation. From assessing pupils' knowledge, a significant gap was evident in their fitness levels and their balls skills. As a result, we decided to focus on this wherever possible, making sure we selected activities that raised heart rates.

Modifying what we teach has enabled us to maintain the rich breadth of sports and physical activities within our PE curriculum that we know is important to increase pupils' fundamental movement skills, knowledge of sports, social, personal skills and healthy participation. We have prioritised swimming lessons from Sept 2021 and are taking older children to ensure they achieve the necessary requirements before they leave Primary School.